

# Adventure Camp PACKING LIST

Maranatha Camp & Conference Center



## THE ESSENTIALS:

- 5-6 pairs of shorts
- 5-6 tshirts
- Dry fit long sleeve shirt & long pants (caving)
- 5-6 sets of undergarments, socks, etc.
- Pajamas
- Sweatshirt/jacket
- Swimsuit (one piece for girls, swim trunks for boys)
- Theme night attire (**Black Light Party**)
- Closed toe, athletic shoes
- Water shoes (Chacos/Tevas work well)
- Rain jacket/poncho
- Toiletries
- Sleeping bag and pillow
- Beach towel
- Bath towel
- Bug spray
- Sunscreen (spray is preferred)
- Bible and notebook/pen
- Backpack/daypack
- Flashlight/headlamp
- Water bottle



## DOCUMENTATION:

- Waivers
  - Please make sure all waivers are submitted through our registration portal



## HEALTH:

- Prescription medications
  - Please make sure that all medications are in a gallon-sized ziplock bag, the bag is clearly labeled with your camper's full name, and all medications are in their original packaging with dosage instructions.
- Over the counter medications:
  - We provide a variety of age-appropriate OTC medications at camp (such as pain relievers, allergy meds, cold remedies, etc.), so there's no need to pack these unless your camper requires something specific



## WHAT NOT TO BRING:

- Personal electronics such as smartphones, tablets, laptops, handheld gaming consoles, or smartwatches
- Food, gum, candy, or drinks (unless medically necessary, e.g., for blood sugar regulation)
- Tobacco, vaping devices, nicotine products, or any related paraphernalia
- Weapons of any kind, including knives or firearms
- Fireworks, laser pointers, or similar items
- Open-toe footwear like flip-flops (except designated shower shoes)